



BAMBOOZLED ABOUT BRAINS?

These brainy conversation starters are the ideal companion to our BrainyCo Products. Lets get quizzical...

- Which brain do you most relate to now?
- Which brain did you have this morning when you first woke up?
- Has your brain changed throughout the day?
- Do your brains change many times throughout the hour, day, week?
- Describe when you may have experienced (insert brain)?
- Which brain do you most want to experience right now?
- Is there a brain you dread or try to avoid? Which is it and why?
- Think of your favourite person or place. Does a certain brain come to life when you are with them or at that location?
- Think of your family or friends. Which brain would you most associate with them?
- Which brain makes you laugh/ smile?
- We can often experience one thing many different ways. Different parts of our brain switch on / off depending on our experience. Have you ever experienced a few of these brains at once? Which ones?
- Our brain continues to grow when we challenge it, make mistakes and try again. We literally grow connections. Which brain would you most like to nurture? Are there actions you could take to make it sprout and thrive?